

# INADUNA

(Northern Anatolia - Blacksea / Turkey – Ahmet Luleci)

Pronunciation: E na doo naa

Translation: Young girl

Music: 2/4 meter *Inaduna / CD #8 – Track 2*

Formation: Semi Circle, face center, arms bent from elbows and parallel to the ground

## Pattern

INTRODUCTION *Wait for 5x8 cts*

### **Figure 1 (Face center, hands on waist)**

Ct 1: Jump on R to Rt, Knees bent

Ct 2: Leap onto L in place

Ct 3: Put feet together and bounce on both in place

Ct 4: Put feet together and bounce on both in place

Ct 5: Jump on L to Lt, Knees bent

Ct 6: Leap onto R in place

Ct 7: Put feet together and bounce on both in place

Ct 8: Put feet together and bounce on both in place

\*\*\* Repeat this step 12 times \*\*\*

### **Figure 2A (Facing Center)**

Ct 1: Turn body Lt and a jumpy step on R in the front, pump arms down on the sides

Ct 2: Hop on L in place as you turn your body to center

Ct 3: Turn body Rt and jumpy step on L in the back, pump arms down on the sides

Ct 4: Hop on L in place as you turn your body to center

Ct 5: Turn body center and a jumpy step on R to the Rt, pump arms down on the sides

Ct 6: Hop on L in place facing center

Ct 7: Put feet together and bounce on both in place

Ct 8: Put feet together and bounce on both in place

### **Figure 2B (Facing Center)**

Everything is the same as Fig 2A but opposite footwork and directions

\*\*Do this step 4 times\*\*

**Figure 3 (Face center)**

- Ct 1: Jump on R to Rt, Knees bent
  - Ct 2: Leap onto L in place
  - Ct 3: Put feet together and bounce on both in place, clap hands
  - Ct 4: Put feet together and bounce on both in place, clap hands
  - Ct 5: Jump on L to Lt, Knees bent
  - Ct 6: Leap onto R in place
  - Ct 7: Put feet together and bounce on both in place, clap hands
  - Ct 8: Put feet together and bounce on both in place, clap hands
- \*\*\* Repeat this step 4 times \*\*\*

**Figure 3 (Face center)**

- Ct 1: Stamp fwd on R facing diag Lt, pump arms down
- Ct 2: Step fwd on L in same position
- Ct 3: Repeat Ct 1
- Ct 4: Repeat Ct 2
- Ct 5: Stamp fwd on R again but this time facing center
- Ct 6: Hop on R in place facing center
- Ct 7: Hop on L crossing L in position
- Ct 8: Another hop on L in the same position
- Ct 9: Leap back on R, move L to the Rt
- Ct 10: Leap back on L, move R to the Lt
- Ct 11: Jump on both in place
- Ct 12: Hop on R in place, lift L up and pump it down
- Ct 13: Jump on both in place
- Ct 14: Hop on L in place, lift R up and pump it down
- Ct 15: Step on R to Rt as bending knee down
- Ct 16: Hop on L in place, straighten knee up

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