



Afternoon Delight

A Celebration of Balkan and Sephardic Dances with Maurice Perez
Master Teacher /Choreographer

Scientists say Dancing is the best medicine for body, brain and soul!



Come chase your winter blahs away at
HIFD'S dance workshop, dinner and party.



When: February 15, 2025, from 3:00 to 9:30

Where: First Lutheran Church, 1311 Holman, Houston 77004

Admission \$10 including pizza

HIFD provides the pizza. Please bring salad or dessert to share (optional, but appreciated)



If you are from out of town, we can arrange some overnight housing on Saturday night, if you let us know.
Contact Sue Griffin at griffisr22@gmail.com no later than Jan 31.



PIZZA CHOICES FROM STAR PIZZA



STARBURST - ground beef, Italian sausage, pepperoni, onions, mushrooms, green pepper, mozzarella and sauce

BEN'S - ground beef, Italian sausage, pepperoni, ham, mozerella, and sauce

VEGGIE - onions, mushrooms, green peppers, broccoli, cauliflower, zucchini, sprouts, mozzarella, and sauce

PORTOFINO-(Dairy Free), Kalamata olives, artichoke hearts, red onions, olive oil base, fresh tomatoes & basil *

* PORTOFINO has no pizza sauce.

