

Balta de la Beiu
Theodor Vasilescu

Starts one step per beat

Part 1 Back and Forth hands in V

Moving right, then in place

R L R touch L_f L touch R_f R touch L_f
mirror
Repeat both

*Arms swing slightly back and front
Slight sways away from standing foot
End with weight on left*

Part 2 In and Out hands in W

Rover L R Lover
Rover Lover Rover Stamp L
L R L Stamp R
R L R Stamp L
L Rover L R
Lover R leap onto L facing slightly R

*In place, like a slow pas de bas
Moving in, slight twist while crossing
Backing out, double time starting here

7 count pas de bas ending with pause and facing 45
degrees LOD, right knee raised*

Part 3 Main figure hands in W

R L R Stamp L
leap onto L Stamp R leap onto R Stamp L
L Rover L R
L Rover L R
Stamp Lover R L Stamp Rover
L R Stamp Lover pause
Rover Lover
R L leap onto R left knee raised pause

*Moving out and to the right with a chasse
Facing center

Choo choo choo Choo
choo choo Choo
Half time, moving forward with a twist
Moving out and to the right with a chasse, turning
slight RLOD on leap*

Repeat part 3 with opposite footwork (mirrored)

L R L Stamp R
leap onto R Stamp L leap onto L Stamp R
R Lover R L
R Lover R L
Stamp Rover L R Stamp Lover
R L Stamp Rover pause
Lover Rover
L R leap onto L left knee raised pause

*Moving out and to the left with a chasse
Facing center

Choo choo choo Choo
choo choo Choo
Half time, moving forward with a twist
Moving out and to the left with a chasse, turning
center on leap*